

I've wondered why physicians have had a lack of enthusiasm for such things as a low carb diet. Much was explained to me in a conversation I had with an older gentleman on Reddit:

*"M4A-is-OK*

*As for the last part (of your comment), you nailed that! I recall Dr. Bernstein saying doctor(s?) saying they can treat thousands of patients and if there are amputations and patients going blind, that is just a natural progression of the disease. But if they have one patient die from a hypo, they will get sued! It is a tragic situation.*

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*FBMBoomer*

*This is a very sad commentary on our medical community. They are forced to treat T2 so that it does progress. The physicians I knew told me that deviating from normal and accepted practice was a recipe for disaster and the end of their ability to practice medicine. Most physicians who are actually educated, know that an extreme low carb diet simply solves the problem. They cannot treat their patients to solve the problem. Even when they told me as a friend what to do, they still admonished me that they did not tell me that.*

*I had a physician friend who was a Jew. He felt tormented over this issue. He felt he would have to answer to God for treating his patients they way he was supposed to do instead of treating them so they could live a long normal life. His attachment to that license to practice medicine was hard for him. However, I told him that he was already treating other patients with all the knowledge he had. Giving up his license, meant the rest of his patients would not get care from a wonderful loving physician. I wonder how many other physicians are tormented by being forced to use treatment not in the best interest of the patient.*

*I used to work in surgery. We had a surgeon go completely bonkers in the middle of a kidney surgery. He had made a mistake previously that cost a patient their life. This mistake was not discovered. But he owned that mistake every day. Our anesthesiologist had to stab him in the neck with a powerful sedative while I attracted his attention elsewhere.*

*I once envied physicians and their more than adequate income. After working with them for years, I found that their lives were always one of quiet desperation. They led terrible lives. God bless those physicians that go to work everyday and do the best they can for their patients. A comfortable income does not make up for the stress they must endure.*

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*M4A-is-OK*

*My son is an M.D. Internal Medicine, he is not a happy man. That is a sad, but enlightening story you have told! But very sad. I have to wonder how Dr. Bernstein has managed to dodge all those bullets over the years? I know we are catching a few of them over in this post I put up.*

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FBMBoomer

*I knew a doctor at OHSU who just could not take the stress any longer. She wanted out. What she did was to answer an ad for a physician at an Indian reservation. She decided that being able to practice medicine without someone looking over her shoulder every day was worth the loss in salary. This turned out well for her. She became able to still be the healer she wanted to be and not have the AMA etc. controlling her life. The sad part of this story is that few people are willing to take a lower paying (sometimes a lot lower) job in order to live and work peacefully. OHSU actually lost a doctor who quit and became a brick layer. He loved his new job. We all have the weakness of greed in us. It is just a matter of degree.*

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M4A-is-OK

*I like to say it is a fine line between ambition and greed, unfortunately too many cross that line. My son says he wants to save his money, not get sued, then get the hell out!*

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